

## Quick tips for a waste-free LUNCH!

Join the Plastic Free Lunch Day CLIMATE ACTION! Pack your food in reusable containers!

- **Most lunch packaging is SINGLE-USE, which is landfilled, lost as litter, or incinerated.**
- Recyclable packaging is often contaminated with food and cannot be processed.
- **Reduce food waste!** Save your leftover food in your reusable containers for later

## How to pack a ZERO WASTE lunch

### Rethink your Packaging

Try a reusable option!

Pack food in **REUSABLE** Containers like:

box



or bag



Bring a **REUSABLE**



water bottle or cup



Pack a **REUSABLE** fork and Spoon or Spork!



Pack a **REUSABLE CLOTH**

napkin or bandana

